





Use the restorative approach at home

Parents can practise this restorative approach in their families by encouraging a child to make amends if they've upset or been nasty to a brother or sister. 'You mess up relationships, you make up relationships' is a fabulous way for kids to take ownership of their anti-social behaviours. Again to be effective this method needs to be carried out in a safe, calm manner at a time when children and teenagers are likely to listen.

Childhood bullying requires a zero tolerance approach from parents, teachers and coaches if it is to be stamped out. The approach taken needs to be respectful to everyone involved; aimed at achieving justice and maintaining personal safety rather than seeking vengeance and gaining pay back; and stay firmly in the private rather public domain.

Parenting Ideas 2021, accessed June 2021, <https://www.parentingideas.com.au/>